



**BOOK BABIES**  
**Eat, Baby, Eat!**



**Opening Song**

**Come Along and Sing with Me**

*Sung to the tune of "Mary Had a Little Lamb."*

Come along and sing with me,  
sing with me, sing with me.  
Come along and sing with me,  
on a sunny Friday.

*(Take baby's hands and clap.)*

Come along and clap with me,  
clap with me, clap with me.  
Come along and clap with me,  
on a sunny Friday.

Come along and roll with me....  
Come along and stretch with me....

**RHYMES**

**Pat-a-cake**

Pat-a-cake, pat-a-cake,  
baker's man!  
Bake me a cake  
as fast as you can.  
Pat it, and roll it,  
and mark it with a "B,"  
And put in the oven  
for baby and me!



**Pease porridge hot**

Pease porridge hot.  
Pease porridge cold.  
Pease porridge in the pot  
nine days old.  
Some like it hot,  
Some like it cold,  
Some like it in the pot  
Nine days old!

**I'm Toast in the Toaster**

I'm toast on the toaster  
I'm getting very hot.  
*Gently bounce.*  
Tic, tock, tick, tock.  
*Sway side to side.*  
Up I pop!  
*Toss baby up in the air.*



**We hit the floor together**

We hit the floor together, (3xs)  
because it's fun to do.  
We clap our hands together, (3 xs)  
because it's fun to do.

We wave our arms together, (3 xs)  
because it's fun to do.  
We wiggle our fingers together, (3xs)  
because it's fun to do.  
We nod our heads together, (3xs)  
because it's fun to do. (3xs)  
We sway from side to side, (3xs)  
because it's fun to do.  
And we all say "Hello."  
We all say "Hello."  
We all say "Hello."  
Because it's fun to do.

**Body Rhymes**



**Butterfly Kiss**

A butterfly kiss  
goes like this...  
*(Flutter your eyelashes against baby's cheek.)*  
An ice cream kiss  
goes like this...  
*(Place a licky kiss on baby's cheek.)*  
A wee willie winkie kiss  
goes like this...  
*(Kiss your fingertips then delicately run them  
around baby's face.)*  
But a big bass drum kiss  
goes like THIS...  
*(Blow a big raspberry kiss on baby's tummy or  
neck.)*

**TICKLES**

**Criss Cross, Applesauce**

Criss cross,  
*(Make an "X" on baby's back)*  
Applesauce.  
*(Rub back in circle)*  
Spiders crawling up your back,  
*(Crawl fingers up back)*  
Tight squeeze, cool breeze.  
*(Hug baby then blow on neck)*  
Now you've got the shiveries!  
*(Tickle all over)*

**Pizza, Pickle, Pumpnickel**

Pizza, pickle, pumpnickel,  
My little guy shall have a tickle!  
*(Tickle anywhere)*  
One for his nose,  
*(Tickle nose)*  
one for his toes,  
*(Tickle toes)*  
and one for his belly where the hot dog goes!  
*(Tickle belly)*



## **BOUNCE**

### **To Market to Market**

To market, to market, to buy a fat pig.  
Home again, home again, jiggety jig.  
To market, to market, to buy a fat hog.  
Home again, home again, jiggety jog.  
To market, to market, to buy a plum bun.  
Home again, home again, market is done.  
To market, to market, to buy a pound of butter.  
Home again, home again, throw it in the gutter!

### **Jelly in the bowl**

Jelly in the bowl,  
jelly in the bowl.  
*(Rock baby back and forth.)*  
Wobble, wobble, wobble, wobble  
*(Gently wiggle baby's arms.)*  
jelly in the bowl.  
*(Rock baby back and forth.)*

Cookies in the tin,  
cookies in the tin.  
Shake them up, shake them up,  
cookies in the tin.  
*(Gently bounce baby on your lap.)*

Baby on the floor,  
baby on the floor.  
Pick him (her) up, pick him (her) up.  
baby on the floor.  
*(Lower baby to floor.)*

### **Popcorn Rhyme**

*Bounce baby on knees\**

Popcorn, popcorn,  
sizzling in the pan.  
Shake it up, shake it up,  
Bam! Bam! bam!  
Popcorn, popcorn,  
now it's getting hot,  
Shake it up, shake it up,  
Pop! Pop! Pop!  
*(Lift baby up with each "pop")*



### **Lullaby**

#### **Lou, Lou, Lou, Pretty Baby**

Lou, lou, lou, pretty baby,  
close your eyes.  
Lou, lou, lou, pretty baby,  
dream of paradise.  
Mother is here by you,  
Father is nearby too.  
Lou, lou, lou, pretty baby,  
close your eyes.



### **Song**

#### **We're Going to Kentucky**

We're going to the fair.  
We'll see a señorita with flowers in her hair.



Oh, shake it, to the **BOTTOM**.  
Shake it to the **TOP**.  
Shake it like a milkshake, and do not let it drop!

### **Interactive Rhyme**



#### **I'm a Little Teapot**

I'm a little teapot, short and stout,  
*(Sit or stand straight with arms at sides.)*  
Here is my handle, and here is my spout.  
*(Place one hand on hip for handle, and hold up the other arm to form the spout.)*  
When I get all steamed up, hear me shout,  
*(Show excitement on face and get ready.)*  
"Tip me over, and pour me out."  
*(Both adult and child bend over at the waist as if pouring tea.)*

### **Goodbye song**

#### **So Long**

So long, it's been good to see you,  
so long, it's been good to see you.  
So long, it's been good to see you,  
so long, and I'll see you next week.



### **FOOD BOOKS**

Beaumont, Karen. **Who Ate the Cookie Dough?**  
Beil, Magnuson, Karen. **A Cake All For Me.**  
Carle, Eric. **The Very Hungry Caterpillar.**  
Colman, Michelle. **Foodie Babies Wear Bibs.\***  
Degen, Bruce. **Jamberry.**  
Dunrea, Olivier. **BooBoo.**  
Doyle, Charlotte. **Supermarket.**  
Freymann, Saxton. **Baby Food.\***  
Fleming, Denise. **Lunch.**  
Hiskey, Iris. **I Like a Snack on an Iceberg.**  
Leonard, Marcia. **Food is Fun.**  
London, Jonathan. **Crunch Munch.**  
Miller, Margaret. **Baby Food\***  
Miranda, Anne. **To Market, To Market.**  
Nevgarden, Mark. **Bow-Wow Orders Lunch.\***  
Riley, Linnea. **Mouse Mess.**  
Wilson, Karma. **Baby Cakes.\***

\* **Board Books**